## Signs to look for:

- Avoids Eye Contact
- Fearful
- Depressed
- Anxious behavior
- Change in self-esteem
- Visible bruises and scars
- Gaps in memory
- Appears malnourished
- Resists being touched
- Grades drop
- Shows signs of alcohol or drug addiction

## Actions to take:

- Educate yourself
- Be alert
- Share what you learn
- Trust your instincts
- Interrupt the situation
- See something – Say something
- Raise Awareness
- Get involved in a local organization
- Organize a training

If you notice 3 or more of these signs call National Trafficking Hotline 888.373.7888 or Text INFO or HELP to 233722